



West Los Angeles College 2010 All-Comer Track Meets

- Dates:** Saturday, February 6, 2010 and Saturday, February 13, 2010
- Time:** 10:00 AM
- Location:** West Los Angeles College, 9000 Overland Ave., Culver City, CA 90230
- Facility:** 9 lane, Mondo surface. Only 1/4 inch or less *pyramid spikes* are allowed.
- Divisions:** Youth, high school, open, and masters.
- Results:** Everyone receives a time or mark.
- Entry Fee:** \$5.00 entry fee per athlete, unlimited entries; spectators \$3.00
- Questions:** Call Coach Dan Fitzpatrick (310) 287-4587 or email danfitzlb@hotmail.com
- Directions:** West Los Angeles College is located just off Overland Blvd, two blocks south of Jefferson Blvd., in Culver City. West LA College is accessible from the 405 and 10 Freeways. Parking on campus is \$2.00

Time Schedule

Will be dependent upon number of entrants in each event.

10:00	400 meter relay	
	1600 meters	Field events
	55m hurdles	
	400 meters	10:00 Long Jump
	100 meters	Pole Vault
	800 meters	High Jump
	300 m hurdles	12:00 Triple Jump
	200 meters	
	3200 meters	***Three attempts will be given in the
	1600 meter relay	horizontal jumps.
2:00	Estimated completion	

Due to construction there will be NO Shot Put, Discus, Hammer, or Javelin Throws