

Santa Barbara Easter Relays 2012

Meet Information for Friday, March 23, 2012

Entries & Fees: Entries should be made on Direct Athletics. **Entry Deadline is Monday, March 19 @ 6:00 p.m.** Fees are \$7 per open event and \$15 per relay team. \$500 maximum entry fee! Late adds will be taken on a limited basis and will be \$10 per event, \$20 per relay. Please pay all fees at the clerking tent upon check-in. Checks should be made out to: *Santa Barbara Easter Relays*. You may use your Direct Athletics Entries to determine your entry fee and issue a purchase order.

Seeding: We welcome & encourage scratches at time of check-in. This will help us reduce heats as we will seed the meet after the coaches / scratch meeting.

Throws: The javelin and hammer will take place at Westmont College. We will throw Javelin on full runway approach inside the track. ($\frac{1}{4}$ " spikes only) Hammer will be in the cage just below the field. Shot and Disc will take place later in the afternoon at SBCC. Unattached throwers please pay entry fees at SBCC with clerk.

Shuttle Service: A 15-passenger van will be available to get *some* athletes and coaches to and from Westmont College. We encourage schools to arrange transport on their own, but will have this service available for those who need it. Van will leave from SBCC at 7:30 a.m. It will make a trip back after the conclusion of the women's hammer and men's javelin if needed and will make one more trip back to SBCC at the conclusion of the men's hammer and women's javelin. We request notifying us in advance if you plan to use the shuttle service.

Weigh-In's: We will conduct weigh-in's for the hammer and javelin at Westmont College in the shed at Deane soccer field 7:30 a.m. – 8:30 a.m. A second round of weigh-in's for the shot put and discus will be done in the field house at the East End of SBCC's track from 11:00a.m. – 12:30 p.m. Those athletes competing in events at Westmont College should arrange to have their implements weighed in at SBCC to get these done in a timely manner.

Spikes: Track events should use $\frac{3}{16}$ " spikes. Javelin $\frac{1}{4}$ " maximum please. Our facility has been re-done and we'd like to preserve it, so please help us adhere to the spike policies.

Horizontal Jumps & Throws: 4 attempts only.

Check-In/ Clerking Procedures: Running events check in at the clerking tent located at the West end of the stadium 15 minutes prior to their event. Early check-in is okay and encouraged! Field events will check in at the event site approximately 15 minutes prior to event start.

Warm-Up Area: The West end of the infield will be available for warm-up. Only competing athletes and those warming up for events immediately following or just concluded will be allowed in the infield. There will also be space reserved in the parking lot South of the stadium for warm-ups.

Infield: Those athletes not competing or warming up should remain off the infield. All spectators should remain in the stands at all times.

Tags/ Hip Numbers: All track event athletes will be required to wear hip numbers (left hip). Some distance races and relays may be asked to wear pull-tags as well. Anchor leg will wear hip number.

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College / University / Open Order of Events

(REVISED 2/22/12)

Running Events

11:00 3000m Steeplechase Men
11:15 3000m Steeplechase Women
11:30 4x100 Relay Women
11:45 4x100 Relay Men
12:00 1500m Women
12:10 1500m Men
12:25 100m Hurdles Women
12:35 110m Hurdles Men
12:45 100m Women
12:50 100m Men
1:00 DMR Women (1200-400-800-1600)
1:20 DMR Men (1200-400-800-1600)
1:40 SMR Women (100-100-200-400)
1:50 SMR Men (200-200-400-800)
2:05 400m Intermediate Hurdles Women
2:20 400m Intermediate Hurdles Men
2:35 4 x 800m Relay Women
2:50 4 x 800m Relay Men
3:05 4x200 Relay Women
3:15 4x200 Relay Men
3:25 5000m Women
3:50 5000m Men
4:10 4x400 Relay Women
4:20 4x400 Relay Men

Field Events

9:00 Hammer Women, followed by Men (Westmont)
9:00 Javelin Men, followed by Women (Westmont)
11:00 Long Jump Men (Western Pit)
11:00 Long Jump Women (Eastern Pit)
11:00 Pole Vault Women, followed by Men
12:00 High Jump Women, followed by Men
1:00 Triple Jump Men (Western Pit)
1:00 Triple Jump Women (Eastern Pit)
1:00 Shot Put Men, followed by Women
1:00 Discus Women, followed by Men