



Pasadena Relays
Pasadena City College
Robinson Stadium
April 2, 2011

Field Events

10:00 am Shot Put (W)
11:00 am Shot Put (M)
12:00 pm High Jump (W)
12:00 pm Long Jump (W)
1:00 pm High Jump (M)
1:00 pm Long Jump (M)
2:30 pm Triple Jump (W)
2:30 pm Pole Vault (W)
3:30 pm Triple Jump (M)
3:30 pm Pole Vault (M)

Running Events

12:00 pm 400 Meter Relay Women
12:10 pm 400 Meter Relay Men
12:20 pm 1500 Meters Women
12:40 pm 1500 Meters Invitational Women
1:00 pm 1500 Meters Men
1:20 pm 1500 Meters Invitational Men
1:45 pm 100 Hurdles Women
1:55 pm 100 Hurdles Women Invitational
2:20 pm 110 Hurdles Men
2:30 pm 110 Hurdles Invitational
2:45 pm 100 Meters Women
2:55 pm 100 Meter Women Invitational
3:05 pm 100 Meter Men
3:15 pm 100 Meter Men Invitational
3:25 pm 400 Meters Women
3:45 pm 400 Meters Men
4:05 pm 800 Meters Women
4:20 pm 800 Meters Men
4:40 pm 400 Hurdles Women
5:05 pm 400 Int. Hurdles Men
5:20 pm 200 Meters Women
5:35 pm 200 Meters Men
5:50 pm 5,000 Meters (Inv.) Women
6:10 pm 5,000 Meters (Inv.) Men
6:30 pm 1600 Meter Relay Women
6:50 pm 1600 Meter Relay Men



Dear Coaches,

On Saturday, April 2nd Pasadena City College will host the 2011 Pasadena Relays. The Jackie and Mack Robinson Stadium is a nationally acclaimed facility. The facility is specifically designed to take advantage of favorable wind conditions and should provide all athletes with the best opportunity for outstanding performances.

It is our goal to provide a fair and challenging opportunity for all accepted competitors. The races are fairly and consistently divided into highly competitive heats/flights. Please visit www.directathletics.com for more information.

Coaches, please make sure to read all of the enclosed information carefully, and do NOT miss our entry deadlines on WWW.DIRECTATHLETICS.COM. It is unlikely that late entries along with speculative marks will be accepted; late entries/speculative marks will be at the discretion of meet management. If you have any questions, please email our Meet Director, Larry Wade at CoachLarrywade@gmail.com. We hope that you find our policies to be positive and in the best interest of the athletes. We appreciate your support and look forward to welcoming you and your athletes to Robinson Stadium for another outstanding meet.

Thank you.
Sincerely,

Larry Wade
Go Lancers



Pasadena Relays Important Meet Information

IMPORTANT INFORMATION:

Pasadena Relays Online Entry: www.directathletics.com

Online entry support email: support@directathletics.com

Pasadena Relay email: Coachlarrywade@gmail.com

Team Entry

Cost: \$300 per team (\$150 per gender)...please make checks out to Pasadena City College Track and Field.

Individual Athletes (unattached)

\$10 dollars per event and \$25 per relay team.

HOW TO ENTER – WWW.DIRECTATHLETICS.COM

Each coach must have a Direct Athletics username and password for his/her school. If you do not know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through Direct Athletics.

In the Collegiate divisions all athletes must be entered using a TEAM account. Individual entries made by anyone not affiliated with the coaching staff or school administration will NOT be accepted into the meet. Please designate one coach or staff member to process your entry information. Only one team account and password will be provided per team.

If you already have a Direct Athletics account of your track and field team and know your username and password:

1. Go to www.directathletics.com
2. In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive).

If you do NOT know your username and password, proceed as follows:

1. Go to www.directathletics.com
2. Click on the link "New User" Click Here"

