

**2011 ALL COMERS TRACK AND FIELD MEET
AT THE COMPTON CENTER
1111 E. ARTESIA BLVD COMPTON, CA 90221-5393**

Meet Directors and Information

Chris Richardson - crichardson@elcamino.edu

Crystal Irving - crystalirving@aol.com

Robert Shock - r1shock@yahoo.com

DATES and TIME:

Saturday, January 8th Hand Time

Saturday, January 22nd Automatic Timing

Saturday, January 29th TBA on Timing

8:00 am 5000m

9:00 am All other Running Events

9:00 am Field Events

Divisions: Open to All Competitors /College, HS, Club, Masters, or Unattached

Admission: Athletes, Spectators and Coaches \$5.00 Children 5 and under Free

Spikes: 3/16 will have for Sale \$2.00

Meet Site:

Compton Center Campus

9 Lane All Weather Surface

Entrance - Northeast

Parking \$2.00

Refreshments/Snack Bar

Field Events

Hammer Throw Place of Competition TBA

East Pit Men's Long Jump @ 9:00 am / Men's Triple Jump to follow

West Pit Women's Long Jump @ 9:00 am / Women's Triple Jump to follow

Women's Discus @ 9:00 am / Men's Discus to follow

Men's Shot Put @ 9:00 am / Women's Shot Put to follow

Pole Vault @ 10:00 am

Javelin will follow the conclusion of the Discus event for Men and Women

Order of Running Events

8:00 am 5000m Special Start time

9:00 am 4*800 Relay

4*100 Relay

60m Hurdles (Women followed by Men)

300m (1 race each for Men and Women /Water Fall start)

400m

1600 meters

60m

600m (1 race each for Men and Women /Water Fall Start)

800m

300m Hurdles (Women followed by Men)

200m

4*400 Relay

3200m